



iwps

سازمان زنان ایرانی انتشارات

AGM

October 24

2025

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Land acknowledgement

We, at the Iranian Women's Organization of Ontario (IWO), acknowledge that the land on which we are gathered is the traditional territory of many First Nations including the Wendat, Haudenosaunee, Anishinaabeg, and the Mississauga's of the Credit. We also acknowledge that Toronto is covered by treaty 13.

This territory is the subject of the Dish With One Spoon Wampum Belt Covenant, a treaty between the Anishinaabe, Mississauga's, and Haudenosaunee that bound them to share the territory and protect the land. Subsequent Indigenous Nations and peoples, settlers and all newcomers, have been invited into this treaty in the spirit of peace, friendship and respect.

IWO recognizes that truth and reconciliation are a continuous process, and this land acknowledgement is a crucial step, our organization has much more work to do. By adhering to our values and leading authentically, we are committed to building positive relationships with Indigenous peoples, the wider community, and the environment.



Greetings and a warm welcome to all esteemed members of the Iranian Women's Organization of Ontario (IWOO).

I take pride in honoring 36 years of solidarity and shared experience. Together, we have accomplished remarkable milestones within the Iranian Canadian community.

Allow me to present my message in three parts:

- A brief report of last year's achievements
- The current challenges and proposed solutions
- The organization's future vision and planned programs

The achievements we have made , with the dedication of our hardworking members, compassionate staff, and loyal volunteers would not have been possible without your continued support. These accomplishments have elevated IWOO to a respected and influential standard at both national and international levels. A summary of these achievements is included in the annual report presented to you.

The year 2025 has been an economically challenging one for Canada, affecting all of us in various aspects of our lives. Our organization was not immune to these difficulties, as many of the grants previously provided by federal, provincial, and municipal governments to support non-profit organizations were reduced or discontinued. Meanwhile, our beloved Iran continues to face uncertainty and distress due to mismanagement and global political tensions, which also affect us as members of the Iranian diaspora. The good news is that, through our collective effort and perseverance we not only overcame our financial challenges but also successfully implemented numerous projects aimed at improving the quality of life, mental health, education, employment, and entrepreneurship of the Farsi speaking immigrant women and their families.



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We continued our Senior's Program twice a week. IWOO developed and delivered educational and cultural programs to help Iranian Canadian families and their children connect with our rich cultural heritage.

This happened with hosted cultural and artistic celebrations in collaboration with Iranian artists, writers, and cultural figures, with strong participation from our members and their families.

IWOO's International Women's Day celebration was one of the most memorable events of the year.

Moreover, after five years, we proudly revived our annual Gala, organized under limited resources but in excellent spirit and quality.

The organization has also served as a safe and supportive environment for interns in the humanities and volunteers seeking professional experience in Canada.

I also wish to express my gratitude to Dr. Gita Movallali, who stepped down from the Board due to her busy schedule but whose contributions have been invaluable.

Today, with your approval, we will be introducing new members to strengthen the Board.

My heartfelt appreciation also goes to our dedicated staffs : Dr. Noushin Khavarian, Parisa Habibi, Aida Arjmand, Mania Rezaei, and Mohammad Tahvili.

With the appointment of Dr. Khavarian as Executive Director, the Board has taken an important step toward expanding and enhancing IWOO's services, and I wish her continued success.



Many Iranian youth and students gained valuable learning and cultural experiences during the summer through their involvement with IWO.

To serve the growing Iranian community in the northern regions of Toronto, we have worked diligently toward opening a second branch in York Region. We have held multiple meetings with the mayor, local organizations, and city representatives, and we hope to celebrate its opening before the next Annual General Meeting.

We also initiated major updates to the organization's website, and as promised last year, it is in the process of becoming fully bilingual, which will be completed soon.

I sincerely thank the devoted and capable members of our Board of Directors: Denise Yousefi, Salina Asadi, Taraneh Hajian, Mahsa Sepah Mansour, Fatemeh Manzour, and Dr. Ensieh Harbi. I extend my deepest gratitude to all our dedicated and capable volunteers across various committees, programs, educational classes, and cultural and fitness activities. Without their contribution, none of these accomplishments would have been possible.

I hope their experience with IWO helps them build and strengthen their new lives in Canada.

Together we can lift the weight,

Creating joy, dissolving hate.

As kindness flows from hand to hand,

We build a bond, a stronger stand

"Together, we will succeed"

Wishing you all a wonderful day

Dr. Fariba Bashiri

24 October 2025

President

Iranian Women Organization of Ontario (IWO)



دروود و خیر مقدم خدمت شما

اعضا گرامی سازمان زنان ایرانی اونتاریو

۳۶ سال تجربه همراهی و همدلی را پاس میدارم. ما توانستیم در کنار هم اتفاقات ارزنده ایی را در جامعه ایرانی کاندایی رقم بزنیم. میخواهم این پیام را در سه قسمت خدمت شما ارایه کنم:

۱- گزارش مختصری از دستاوردهای سال گذشته

۲- مشکلات موجود و راه حل ها

۳- افق آینده و برنامه های پیش بینی شده

باید بگویم دستاوردهایی که با همراهی اعضای پر تلاش سازمان زنان ایرانی اونتاریو و کارکنان صدیق و دلسوز سازمان بدست آوردیم قطعا بدون پشتیبانی شما اعضای وفادار و حمایت و همراهی داوطلبین سازمان امکان پذیر نبود.

این دستاوردها سازمان را در استاندارد قابل قبول بعنوان سازمانی برجسته و تاثیر گذار در سطح ملی و جهانی رساند که چکیده ایی از آن در گزارش سالانه خدمتون تقدیم میگردد.

سال ۲۰۲۵ سالی پر تنش برای کانادا از نظر اقتصادی بود که همه ما تاثیر آنرا در زندگیمون شاهد هستیم . این سازمان هم از این تاثیر بی بهره نبوده چرا که بسیاری از گرنتهایی که دولت فدرال و اونتاریو و شهرداری برای حمایت از سازمانهای مردم نهاد میدادند قطع یا کوچک گردید. از طرف دیگر مردم ایران عزیزمان بخاطر سومدیریت و بازیهای سیاسی جهانی در شرایطی نامطمین- دلهره آور و پر تنش گرفتار روزمرگی شده اند و این شرایط برای ما مهاجرین ایرانی هم تاثیر گذار است.

خبر خوب این است که بگویم ما با تلاش مضاعفی که کردیم نه تنها توانستیم مشکلات مالی سازمان را برطرف کنیم بلکه توانستیم پروژه های بسیاری را هم جهت بهبود زندگی - سلامت روان - آموزش و کمک به اشتغال و کارآفرینی جامعه مهاجر فارسی زبان و خانواده های آنان اجرا کنیم.



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برنامه های شهروندان ارشد را به مدت دو روز در هفته ادامه دادیم. برنامه های آموزشی و آشنایی با فرهنگ غنی ایرانی را برای ایرانیان مقیم کانادا و فرزندان شان طراحی و اجرا کردیم. جشن های فرهنگی و هنری را با همکاری هنرمندان و صاحبان فرهنگ و ادب ایران با حضور گسترده اعضا و وابستگان سازمان برپا کردیم.

برنامه بزرگداشت روز زن سازمان یکی از زیباترین اتفاقات امسال بود. و توانستیم بعد از پنج سال دوباره جشن گالای سازمان را با حداقل امکانات در بهترین شرایط برگزار کنیم.

سازمان مکان امنی برای انجام دوره های کارورزی رشته های علوم انسانی و داوطلبین کسب تجربه در کانادا بود. جوانان و دانشجویان ایرانی توانستند در این محیط امن بر دانش و توان اجتماعی خودافزوده و با آشنایی با فرهنگ ایرانی تجربه ارزنده ای را در تابستان کسب کنند.

برای رفاه ایرانیان علاقمند در شمال شهر تورنتو تلاش بسیاری را برای افتتاح شعبه دوم سازمان در یورک ریجن انجام دادیم. جلسات متعددی با شهردار منطقه- سازمانها و نهادهای مختلف و نمایندگان شهر داشتیم که امیدواریم قبل از مجمع عمومی آینده بتوانیم باهم در بازگشایی آن شرکت کنیم.

تغییرات بنیادی برای بهینه سازی در وب سایت سازمان را شروع کردیم و قوی که سال گذشته برای دو زبانه شدن آن داده بودیم در حال انجام است که بزودی شاهد اتمامش خواهیم بود.

سپاسگزارم از همراهی و دلسوزی اعضای پرتوان هیت مدیره خانمها دنیس یوسفی- سالدینا اسدی- ترانه حاجیان- مهسا سپاه منصور- فاطمه منظورو دکتر انسیه حربی و لازم است از زحمات دوست عزیزم دکتر گیتا مولل هم که به علت مشغله زیاد نتوانستند همراهی در هیت مدیره را ادامه بدهند قدردانی کنم. امروز هم با رای شما برای ترمیم هیت مدیره دوستان جدیدی را معرفی خواهیم کرد.



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ضمن تشکر از همکاران پرتلاش سازمان خانمها دکترنوشین خاوریان- پریسا جبیبی- آیدا ارجمند-مانیا رضایی- و محمد تحویلی سازمان توانست با انتصاب دکتر خاوریان بعنوان مدیرعامل هیئت مدیره قدم مهمی را در مشارکت هرچه بیشتر ایشان در ارتقا خدمات و سرویسهای سازمان بردارد که برایشان آرزوی توفیق دارم.

از همه داوطلبین دلسوز و توانمند سازمان در کمیته های مختلف - برنامه ها و آموزشها- کلاسهای ورزشی و فرهنگی و دفتر سازمان که بدون کمک آنها انجام این کارها میسر نبود صمیمانه سپاسگزار و قدردانم و امیدوارم با تجربه ای خوب زندگی جدید خود را در کانادا پایه گذاری و تداوم ببخشند.

از تبار قهرمانان بوده ایم

ما ز نسلِ مهربانان بوده ایم

هموطن! با مهربانی می شود

نام ما گر جاودانی می شود

با هم موفق خواهیم بود.

روز خوش

دکتر فریبا بشیری

پرزیدنت

سازمان زنان ایرانی اونتاریو

IWOO's Achievements in 2024- 2025

- Hosted monthly mental health and wellness programs, including webinars, support groups, forums, training sessions, counseling in Farsi and English, yoga and meditation classes, and shared wellness resources with the community.
- Organized children's classes and parenting support groups, providing tailored guidance and practical strategies during the summer.
- Held Paint Nights, Book Club sessions, Art & Wellness workshops, literary and cultural activities, and launched new programs such as singing classes.
- Celebrated International Women's Day, Nowruz, Yalda Night, Halloween, Valentine's Day, Mother's Day, and New Year.
- Showcased women's talents and promoted women-led small businesses.
- Organized employment and skill-building workshops in partnership with other organizations.
- Expanded volunteer and membership networks, engaging youth, seniors, and students.



IWOO's Achievements in 2024- 2025

- Managed volunteer recruitment, training, and appreciation events.
- Welcomed college and university placement students.
- Prepared reports on delivered services and financial matters for members at the AGM and obtained approvals.
- Called for new board members, conducted interviews, and obtained approval during AGM.
- Secured funding through CSP, New Horizons for Seniors, Youth Summer Jobs, and OTF programs.
- Applied for new grants to expand programs and services.
- Organized fundraising initiatives, including gala events, garage sales, and women's small business exhibitions.
- Collaborated with Leonnova, Ministry of Labour, York University, University of Toronto, McMaster University, and other organizations to enhance training opportunities.
- Participated in numerous community outreach, educational, and cultural events.



IWOO's Achievements in 2024- 2025

- Increased media coverage, social media engagement, and overall event visibility.
- Organized senior gatherings, intergenerational activities, picnics, cottage retreats, and other in-person programs.
- Continued settlement services for newcomers, including related workshops.
- Maintained data and reports for mental health programs, tracking volunteers, students, participants in entrepreneur and mental health workshops, and cultural events.
- Launched a new office collection of resources and supplies.
- Conducted meetings with the mayor and relevant officials regarding opening a second office in York Rigon.
- Participated in other community and educational events to strengthen IWOO's presence.
- Translated the IWOO website into Farsi, improving accessibility for the community.



IWOO's Achievements in 2024- 2025

- Conducted monthly board and committee meetings to oversee programs and organizational planning.
- Received multiple recognitions, including the Volunteer Award from the City of Toronto, the Activity Award from Ayen Sepas, visits from MPPs and MPs, certificates of achievement, and the King Charles III Medal awarded to IWOO's president and office manager.



Programs and Services 2024-2025

IWOO offered over 70 diverse programs and services to meet the needs of our community under below categories in 2024-2025:

- ❖ Mental health and wellness services
 - Workshops
 - Counseling
 - Support Group
 - Trainings
- ❖ Art and culture
 - Art Classes
 - Literature classes
- ❖ Empowerment
 - Workshops
 - Classes
- ❖ Settlement Services
 - Workshops
 - Counseling
- ❖ Events
- ❖ Volunteers



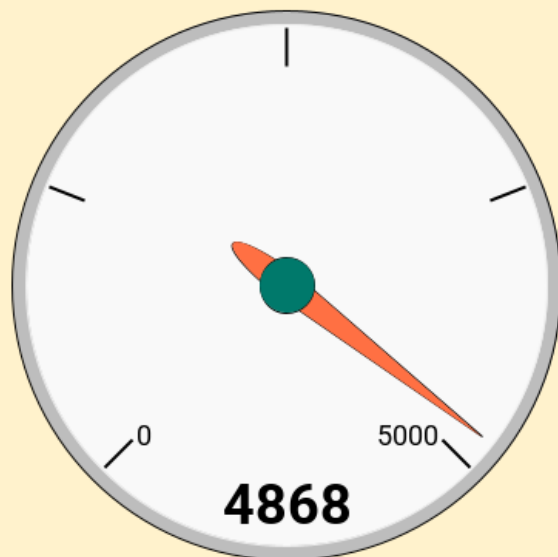
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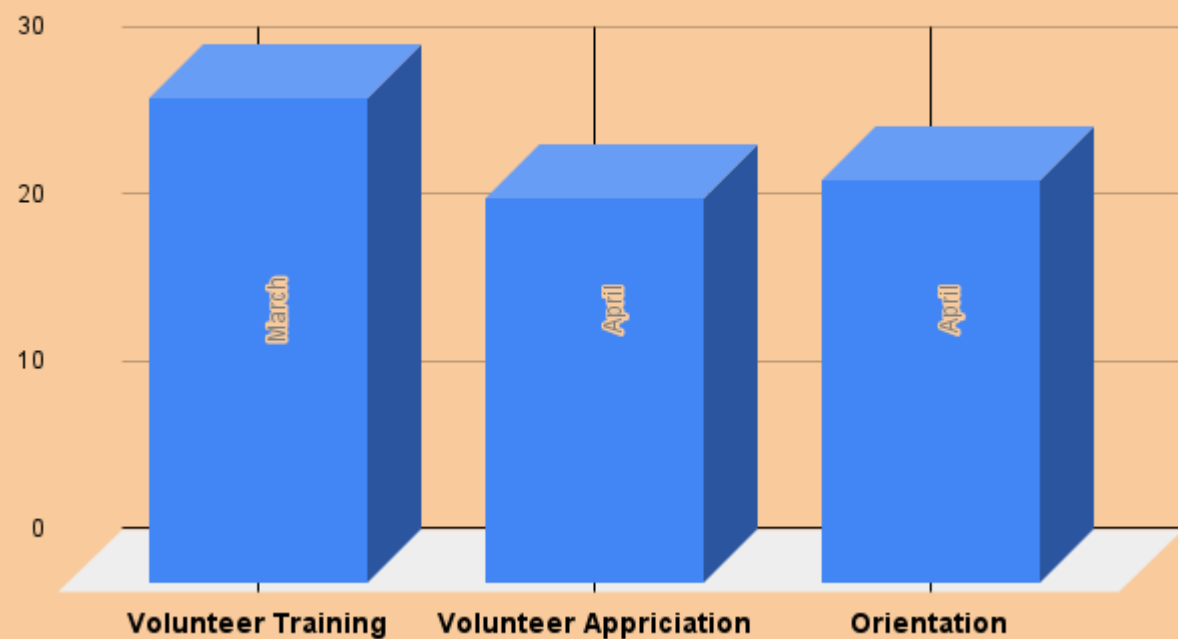
2025

IWOO's Volunteers Engagements

Total Hours of Volunteers work



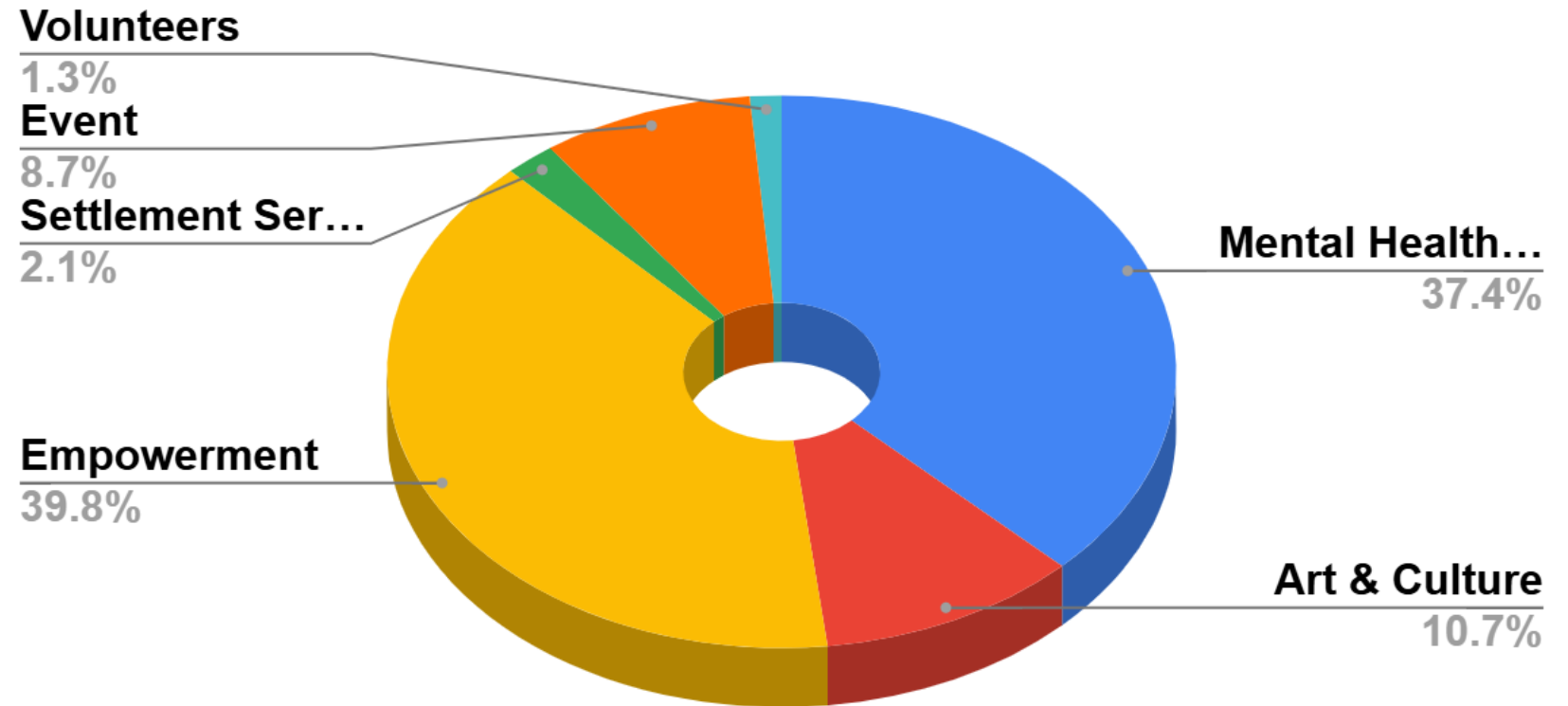
Volunteer Programs



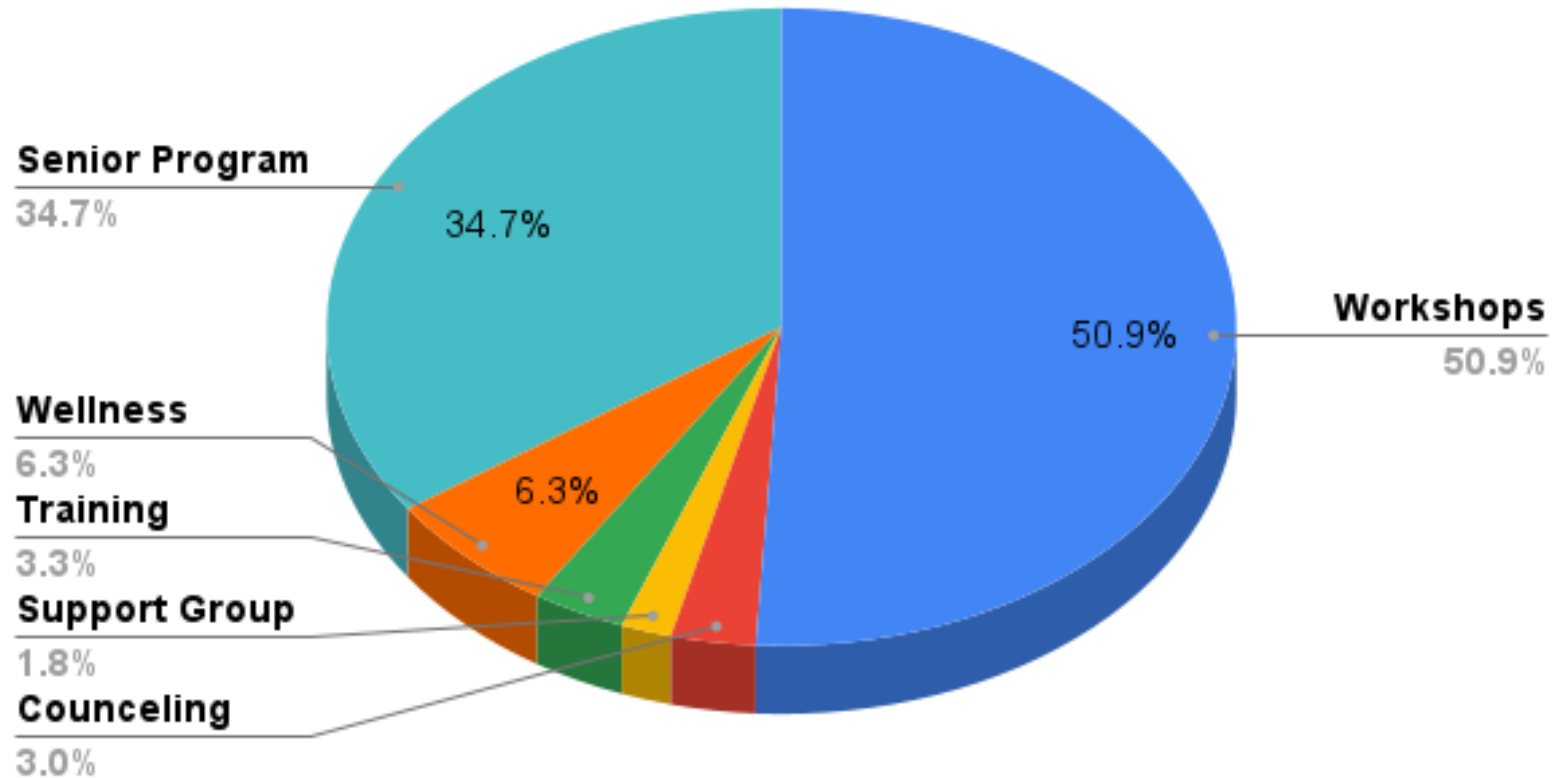
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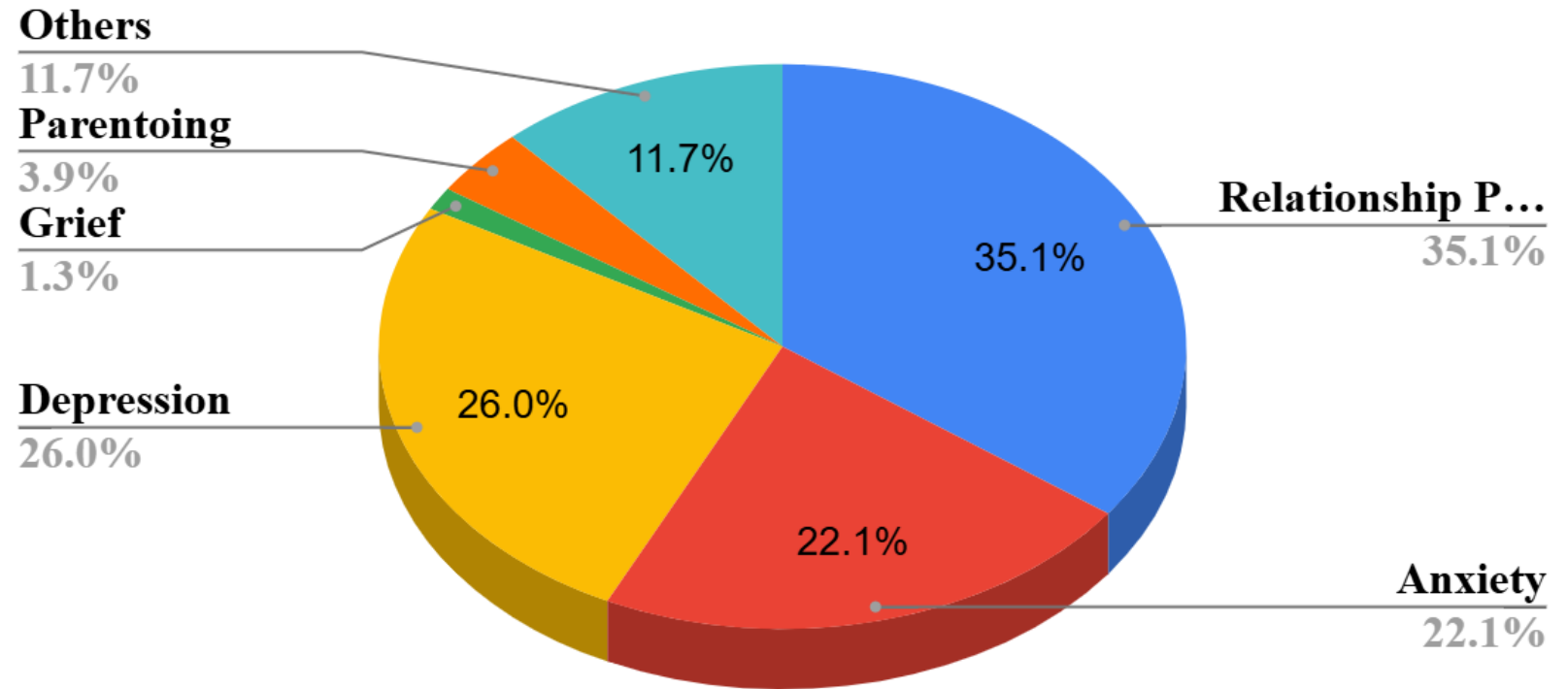
Services & Programs



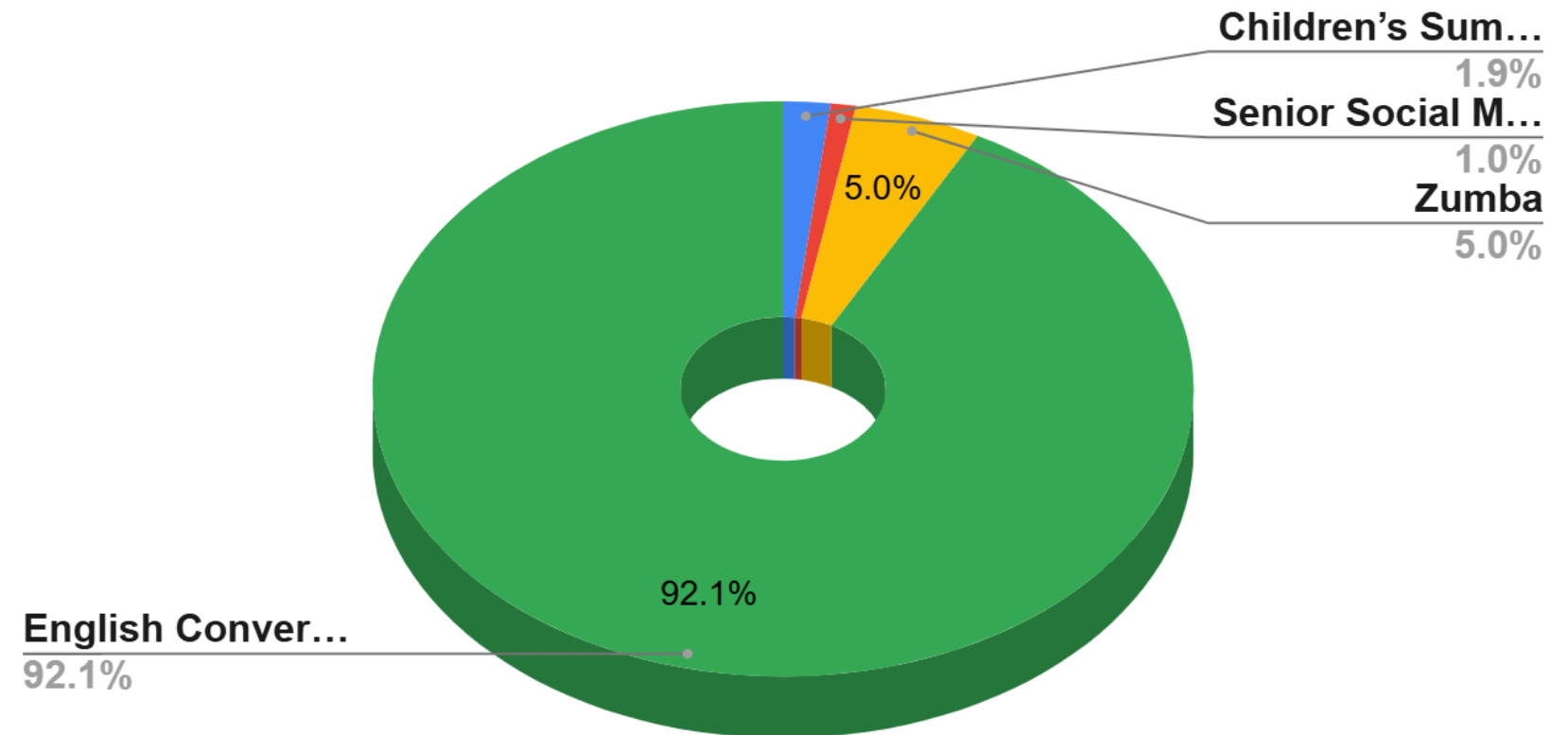
Mental health & Wellness



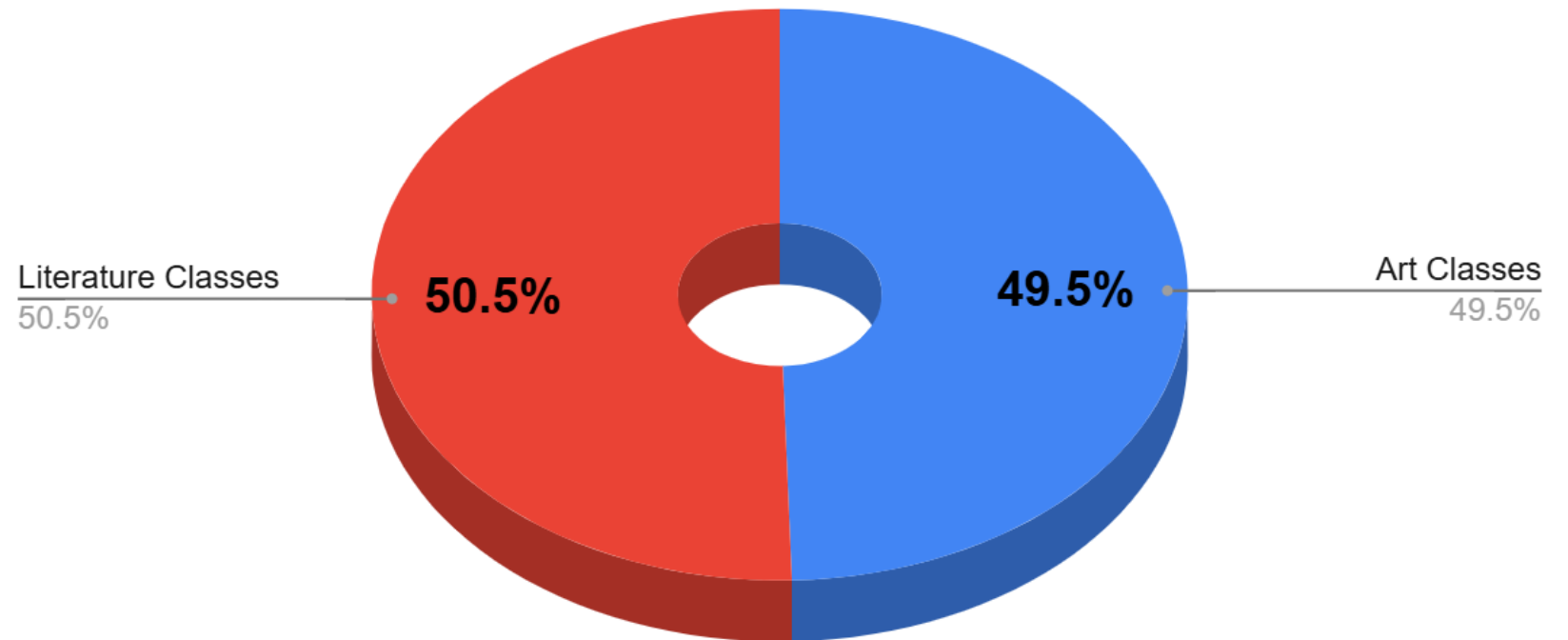
Mental Health Counseling



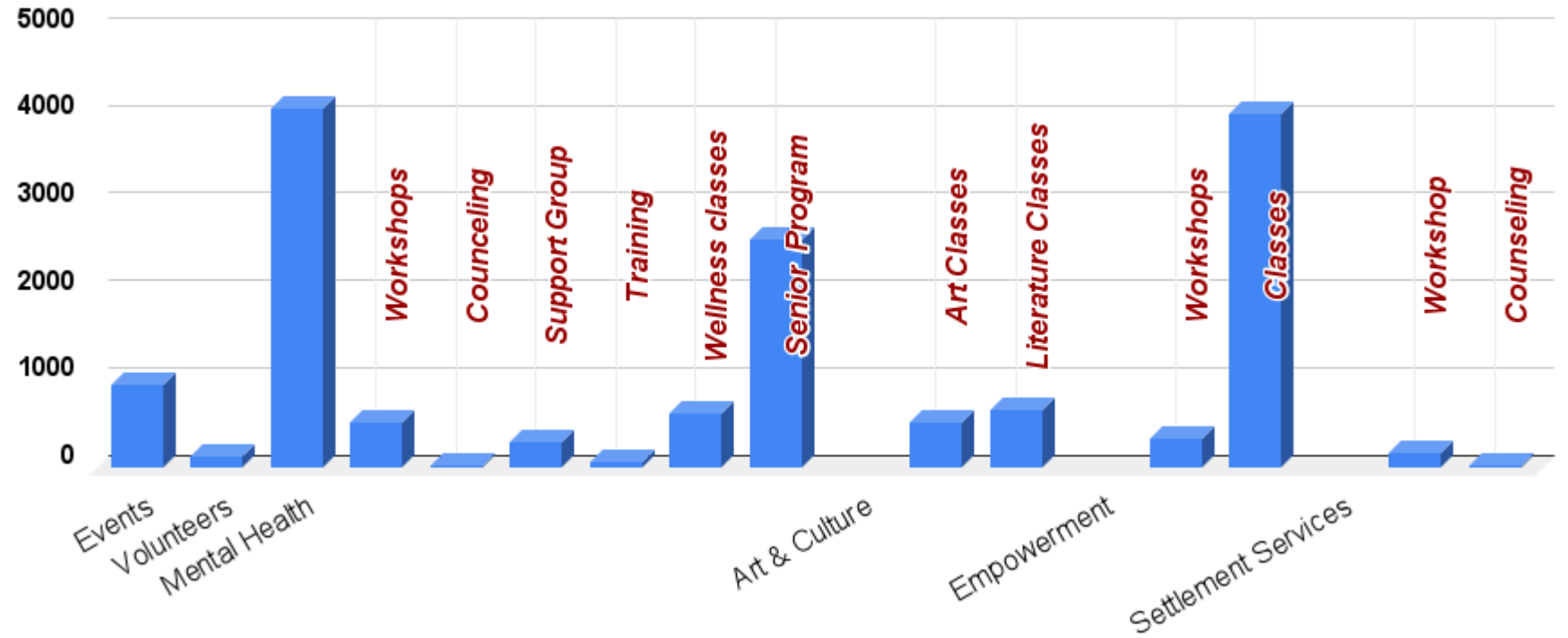
Empowerment Classes



Art & Culture



All Services & Programs



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IWOO's Funders

- Government of Canada
- City of Toronto
- New Horizons for Seniors Program
- Canada Summer Jobs program
- Community Service Partnerships (CSP)
- Ontario Trillium Foundation



Board of Directors - اعضای هیئت مدیره

- Fariba Bashiri – President, Mental Health & Wellness Committee Director
- Denise Yousefi – Treasurer, Finance and Grant Committee Director
- Salina Asadi – Secretary, Event Committee Director
- Fatemeh Manzoor - Board Member, Art & Culture Committee
- Taraneh Hajian - Board Member, Volunteer & Membership Committee
- Mahsa Sepah Mansoor - Board Member, Public Relations (PR) Committee
- Azi Nia- Board Member, Entrepreneurship Committee
- Shookoh Arastoueian - Board Member, Proposal Evaluator
- ❖ Substitute Members: Ensiyeh Harbi, Mitra Zernaki, Leyla Khatoon, Guita Movallali

Thanks to IWOO's Staff & Students - سپاس و قدر دانی

Staff

- Dr.Noushin Khavarian, Office Manager
- Parisa Habibi, Program Manager
- Aida Arjmand, Program Assistance
- Mohammad Tahvili, Website Coordinator
- Monia Rezaei, Bookkeeper

Student Placement

- Mitra Zernaki
- Leida Sharif
- Parnian Abdulghafoor

Summer Staff

- Saba Mohammadi
- Barbod Bagheri

IWOO's Sponsors



IWOO's Partners

- Family Service Toronto
- Madison Community Services
- JVS
- CCSYR
- SAFSS
- Toronto North Local Immigration Partnership
- Iranian Association at the University of Toronto – UTIRUN
- Iranian Students Association at York University – ISAYU
- Unison Health & Community Services
- Vaughan Community Health Centre
- Leonnova
- Oriole Community Centre
- Dixon Hall
- Fairview Library
- Mahvash Nadimi
- YMCA
- Fairview Interagency Network –FIN
- Barbara Schlifer Commemorative Clinic
- Willowdale Community Legal Services
- Parkway Forest Community Centre
- Iranian Canadian Social Service Providers Network
- CILAC Pro Bono



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Thank You To Our Amazing Facilitators

Dr. Hossein Abdollahi Sani
Omid Alaei
Faezeh Asadi
Sonia Asli
Sheida Bamdad
Shahpar Banani
Nooshin Beheshti
Lili Bourani
Fariba Divsalar Mohajer
Samira Dastmalchi
Nouchine Davarpanah
Sadigheh Gandomi
Sasan Ghahreman
Karoline Goodarzi
Dr. Ensiyeh Harbi
Soraya Hafezi Motlagh
Manijeh Hafezghoran
Nikta Hodjat
Farveh Jafaei
Mojgan Jafari
Roshanak Parastesh
Leila Ejlali

Parisa Khalifegi
Dr. Noushin Khavarian
Dr. Noushin Khasteganan
Behnaz Moeinzadeh
Saharnaz Nahidi
Mojgan Parsa
Dr. Fariba Raeisi
Susan Salek
Marzieh Sotoudeh
Macy Tatari
Farah Alaei
Dr. Haniyeh Yousfopour
Mitra Zernaki
Simindokht Rezvani
Dr. Ali Jasemi
Denise Yousefi
Mahsa Sepah Mansoor
Ghazaleh Fateh Rad
Raha
Amir Behbahani
Homa Gholami
Ziba Zarei



Thank You To Our Wonderful Volunteers

Omid Alaei
Maryam Alaei
Sahar Alavi
Manijeh Anjom Shoa
Fakhrosadat Arab
Aida Arjmand
Nasrin Ataei
Mahtab Bagheri
Mina Bagheri
Noushin Beheshti
Samira Dastmalchi
Fariba Divsalar Mohajer
Paria Dost Mohammadi
Sahar Eskandari
Maral Esmaeili
Selora Lazarjani
Fargol Mahbodfar
Guita Movallali
Azadeh Momeni

Sedigeh Gandomi
Sasan Ghahreman
Karolin Goodarzi
Soraya Hafezi Motlagh
Parisa Hemmati
Nikta Hodjat
Aziz Homayouni
Mina Hosseini
Mozhgan Jafari
Ali Jasemi
Sanaz Kamali
Noushin Khastehganan
Layla Khaton
Noushin Khavarian
Maryam Khojasteh
Mahan Mehrata
Elham sanati
Nafiseh Razavi

Behnaz Moein Zadeh
Niloufar Mohammadpour
Fatemeh Mosavat
Simin Norouzi
Parinaz Parkhoo
Mozhgan Parsa
Nooshin Pooladsaz
Afsaneh Rad
Parisa Rayan
Setareh Rousta
Hossein Abdoullahi Sani
Sohela Shamsi
Mahnaz Shirani
Lily Sohrabi
Marziyeh Sotodeh
Mitra Zernaki
Firouzeh Moeini
Homa Gholami



Thank You!

Questions? Comments!

